

Kingdom and Anxiety (Matthew 6:25-34)

CONNECT—Think of a fun-icebreaker question to ask. For example, if you could be an Avenger, who would you be and why?

DISCUSS

What most stood out to you from Justin's sermon this past week? What was one of your big takeaways?

What most stands out to you from the passage of Scripture? What confuses you?

What are some evidences that there is an anxiety epidemic in our culture? Where and when do you find yourself getting anxious? What are some of the common things that you worry about?

Jesus call God, "Father." What are some attributes of God that Jesus is emphasizing by calling God, "Father"? How has your relationship with your Dad impacted your view of God?

Jesus emphasize God's power in the ways that He provides for birds and plants. What are some ways that we have minimized the power of God? Why is it hard to believe that God is sovereignly powerful sometimes? If you truly believed that God is all-powerful, how would that impact your worries?

We are valuable to God. What are some of the verses that you turn to to remind you of this truth?

Jesus challenges us to seek first His Kingdom. What does that mean? What are some actual practices that lead you to seek first His Kingdom?

Read verse 34 again. What is the significance of this verse?

The Bible consistently emphasizes that we need to bring our anxieties to God in prayer. Break into pairs, pick on place of anxiety or worry, share that with your partner, and then pray for one another.

RELATE—Consider splitting into guys and girls for this section.

What has been your biggest spiritual highlight this week? What has been your biggest spiritual struggle this week? What is one action step that you are going to take this week in light of this discussion?

IMPACT (Invite, Engage, Share)

Have everyone identify one main action step that they are going to take in light of this passage.